



Review

Biosynthesis and metabolism of steroids in molluscs[☆]

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ABSTRACT

Molluscs are the second most diverse animal group, they are ecologically important and they are considered excellent indicators of ecosystem health. Some species have been widely used in pollution biomonitoring programs; however, their endocrinology is still poorly known. Despite some studies reporting the presence of (vertebrate-type) steroids in molluscs, information regarding enzymatic pathways involved in steroid synthesis and further catabolism of those steroids is still fragmentary. Regarding steroidogenesis, a number of excellent studies were performed in the 70s using different radio-labelled steroid precursors and detecting the formation of different metabolites. But, since then a long gap of research exist until the late 90s when the 'endocrine disruption' issue raised the need of a better knowledge of mollusc (and invertebrate) endocrinology in order to assess alterations caused by pollutants. Here we summarize past and recent studies dealing with steroid biosynthesis and metabolism in different mollusc species. Most of these studies suggest the involvement of steroids in mollusc reproduction. However, the knowledge is still fragmentary and many questions remain to be answered.

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1. Introduction

An increasing number of studies show that sex steroids are widespread in molluscs [1]. It was initially thought that they were taken up through the diet as many plant species contain vertebrate-like sex steroids [2]. However, several studies have demonstrated that the main classes of molluscs, i.e. cephalopods, gastropods and bivalves, are able to synthesize sex steroids from precursors such as cholesterol or pregnenolone [3–5]. Actually, most of the steroidogenic pathways described for vertebrates have been

demonstrated to occur in molluscs either by directly exposing the organisms to steroid precursors or by incubating homogenates with those steroid precursors. Together with steroidogenesis, steroid metabolism plays an important role in the regulation of endogenous steroid levels. Most of the enzymes involved in steroid metabolism can metabolize a variety of steroids and, some of them (e.g., hydroxylases, phase II enzymes), can also metabolize a wide range of structurally unrelated molecules. An overview of the major pathways of steroidogenesis and steroid metabolism reported in different mollusc species is given in Fig. 1, and these pathways are described in detail below. Usually, incubation of tissue extracts or subcellular fractions with labelled vertebrate-type precursors have been undertaken, and although information is fragmentary and comes from different species, most crucial enzymatic activities have been detected.

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Table 1Evidences of 5 α -reductase activity in different molluscs species. AD: androstenedione; T: testosterone; DHA: 5 α -dihydroandrostenedione; DHT: 5 α -dihydrotestosterone.

Species	Tissue (conc. protein)	Substrate	Cofactor	Metabolites formed	Methods ^a	References
Gastropods						
<i>Marisa cornuarietis</i>	Gonad digestive gland complex (microsomes, 150–400 μ g)	[³ H]-AD (0.2 μ M; 150,000 dpm)	NADPH (1 mM)	DHA: 0.6–14.4 (males) pmol/h/mg prot. DHA: 1.1–48.6 (females) DHT: 0.7–46.4 (males) DHT: 2.7–27.1 (females) DHT: n.d.	HPLC/TLC/GC–MS (EI)	[19–21]
<i>Littorina littorea</i>	Digestive gland (microsomes)	[¹⁴ C]-T (10 μ M; 150,000 dpm) [¹⁴ C]-T: 7 mM	NADPH (1 mM)	DHT: 401 \pm 174 pmol/h/mg protein DHT: n.d.	TLC	[17]
<i>Helix aspersa</i>	Gonad homogenate	[³ H]-AD (10 μ Ci)	Absence of NADPH NAD ⁺ , NADPH mix (2 mM)	DHT: 6.8% (juveniles) DHT: 4.4 \pm 0.4% (adults)	HPLC-RD/TLC/GC–MS (EI)	[25]
<i>Hexaplex trunculus</i>	Gonad-digestive gland complex (microsomes, 200 μ g)	[³ H]-AD (0.2 μ M; 150,000 dpm)	NADPH (1 mM)	DHT: n.d. (males and females) DHA: n.d. (males and females)	HPLC-RD	[26]
<i>Bolinus brandaris</i>	Gonad-digestive gland complex (microsomes, 200 μ g)	[³ H]-AD (0.2 μ M; 150,000 dpm)	NADPH (1 mM)	DHT: 6.5–56 pmol/h/mg protein (males) DHT: 8.7–127 pmol/h/mg protein (females) DHA: 428–1693 pmol/h/mg protein (males) DHA: 192–949 pmol/h/mg protein (females)	HPLC-RD	[26]
Bivalves						
<i>Ruditapes decussata</i>	Digestive gland (microsomes, 1.5–2 mg)	[¹⁴ C]-T (18 nmol; 1 μ Ci)	NADPH (0.5 mM) Absence of NADPH	DHT: 9.5 \pm 0.7 pmol/h/mg protein DHA: 83.5 \pm 55.0 pmol/h/mg protein DHT: 0 DHA: 8.0 \pm 3.1 pmol/h/mg protein	TLC	[16]
<i>Mytilus galloprovincialis</i>	Digestive gland (microsomes, 0.4 mg)	[³ H]-AD (0.1 μ M; 0.1 μ Ci)	NADPH (320 μ M)	DHA: 25 pmol/h/mg protein (stage 0 – not developed gonads) DHT: 1.8 pmol/h/mg protein (stage 0 – not developed gonads)	HPLC-RD	[21]

n.d. = not detected.

^a HPLC-RD or -ECD: high performance liquid chromatography-radiometric detector or -electrochemical detector; TLC: thin layer chromatography; GC–MS (EI): gas chromatography–mass spectrometry (electron impact mode).

of androgens [19]. In molluscs, 5 α -reductase activity has been demonstrated when exposing the gastropods *Clione antarctica* and *Ilyanassa obsoleta* to progesterone, AD or T *in vivo* [18,20]. In addition, a 5 α -reductase activity was reported by incubating T or AD with digestive gland microsomes from the bivalves *R. decussata* [16] and *Mytilus* sp. [21], the gastropods *Littorina littorea* [17] and *Marisa cornuarietis* [22–24], and with gonad whole homogenates of the gastropod *Helix aspersa* [25] (see Table 1 for details on the substrates and methods used). Although 5 α -reductase plays a key role in the metabolism of AD in molluscs, significant differences, both in terms of activity and metabolic profile, have been observed, confirming the wide diversity of this invertebrate phylum. Thus, Lyssimachou et al. [26] reported that AD was mainly metabolized to DHT by microsomal fractions isolated from the gastropod *Bolinus brandaris*, whereas no evidence of 5 α -reductase activity was detected in *Hexaplex trunculus*. Additionally, sex differences in the

metabolism of AD were detected in *B. brandaris* where the formation of DHA occurred at a higher rate in males than in females, while the opposite trend was reported for *M. cornuarietis* [22–24,26].

5. 17 β -Hydroxysteroid dehydrogenases (17 β -HSDs)

The last steps of steroid synthesis and its primary metabolism are catalyzed by 17 β -HSDs. These enzymes catalyze the reduction of 17-ketosteroids or the oxidation of 17 β -hydroxysteroids using NAD(P)H or NAD(P)⁺ as cofactor: e.g. they catalyze the interconversion of androstenedione and testosterone, estrone and 17 β -estradiol, or androstenedione and dihydrotestosterone. In vertebrates, 17 β -hydroxy forms of androgens and estrogens are active steroids, while those with a 17-keto group have substantially less activity [27]. Most 17 β -HSDs belong to the short chain dehydrogenase/reductase family of enzymes, which are known to be

Table 2
Detection of 17 β -HSD activity in different mollusc species. AD: androstenedione; T: testosterone; E1: estrone; E2: estradiol; DHEA: dihydro-epiandrosterone.

Specie	Tissue (conc. protein)	Substrate	Cofactor	Metabolites formed	Methods ^a	References
Gastropods						
<i>Marisa cornuarietis</i>	Gonad-digestive gland complex (microsomes 150–400 μ g)	[¹⁴ C]-T (10 μ M; 150,000 dpm)	NADPH (1 mM)	AD: 0.8 \pm 0.1 pmol/h/mg protein	HPLC-RD/TLC/GC-MS (EI)	[22–24]
		[³ H]-AD (0.2 μ M; 150,000 dpm)	NADPH (1 mM)	T: 4.9–7.4 pmol/h/mg protein (males) T: 0.6–0.8 pmol/h/mg protein (females)		
<i>Ilyanassa obsoleta</i>	Gonad-digestive gland complex and viscera	[¹⁴ C]-T (40 μ M; 80,000 cpm)	Not specified	AD: 40 pmol/h/g	TLC/scintillation counting	[18]
<i>Hexaplex trunculus</i>	Gonad-digestive gland complex (microsomes 200 μ g)	[³ H]-AD (0.2 μ M; 150,000 dpm)	NADPH (1 mM)	T: 12–27 pmol/h/mg protein (males) T: 12–40 pmol/h/mg protein (females)	HPLC-RD	[26]
<i>Bolinus brandaris</i>	Gonad-digestive gland complex (microsomes 200 μ g)	[³ H]-AD (0.2 μ M; 150,000 dpm)	NADPH (1 mM)	T: n.d. (males) T: 4–76 pmol/h/mg protein (females)	HPLC-RD	[26]
<i>Helix aspersa</i>	Gonad whole homogenates	[7n- ³ H]-AD (10 μ Ci)	NAD ⁺ , NADPH mix (2 mM)	T: 60% (juveniles) T: 7% (adults)	HPLC-RD/ TLC/GC-MS (EI)	[25]
Bivalves						
<i>Crassostrea gigas</i>	Ovarian tissue homogenate	E1: 0.5 μ g E2: 0.5 μ g	NADPH, NADP ⁺ , NADH, NAD ⁺ mix (5 μ M)	E2: 15–80 ng/g E1: 20 ng/g	HPLC-ECD	[29]
	Gills, digestive gland, gonad-mantle (tissue homogenates)	[4- ¹⁴ C]-AD, [4- ¹⁴ C]-T, [4- ¹⁴ C]-E2, [4- ¹⁴ C]-E1 (0.1–1 μ M; 0.5–5 \times 10 ⁶ dpm)	NADPH (100 μ M)	E2 \rightleftharpoons E1 ^b T \rightleftharpoons AD	HPLC-RD/TLC	[30]
<i>Crassostrea virginica</i>	Sperm preparations	[4- ¹⁴ C]-E2: 0.01–0.1 μ Ci [4- ¹⁴ C]-T: 0.01–0.1 μ Ci	Diphosphopyridine solution (20 mM)	E1: 122 μ M/10 ¹⁰ cells AD: 18.3 μ M/10 ¹⁰ cells	PC	[31]
<i>Mytilus edulis</i>	Gonad whole homogenates (500 mg)	[7 α - ³ H]-DHEA: 16 Ci [7 α - ³ H]-AD: 65 Ci [4- ¹⁴ C]-T: 2 Ci [¹⁴ C]-E ₁ : 1 Ci [6,7- ³ H]-E ₂ : 5 Ci	NADPH-generating system	Androstenediol: 6.6–7.3% T: 1.5–2.2% AD: 0.37–0.44% E2: 45–50% E1: 11.7–15.3%	TLC/PC	[11]
<i>Mytilus galloprovincialis</i>	Digestive gland (microsomes 400 μ g)	[³ H]-AD (0.1 μ M; 0.1 μ Ci)	NADPH (320 μ M)	T: 0.9 pmol/h/mg protein	HPLC-RD	[21]
<i>Ruditapes decussata</i>	Digestive gland (microsomes 1.5–2 mg)	[¹⁴ C]-T (18 nmol; 1 μ Ci)	NADPH (0.5 mM) Absence of NADPH	AD: 749.2 \pm 67.7 pmol/h/mg protein AD: 14.5 \pm 9.2 pmol/h/mg protein	TLC	[16]
<i>Patinopecten yessoensis</i>	Ovarian tissue homogenate (2.0 ml)	E1: 0.5 μ g E2: 0.5 μ g	NADPH, NADP ⁺ , NADH, NAD ⁺ mix (5 μ M)	E2: 10–60 ng/g E1: 55–120 ng/g	HPLC-ECD	[29]
Cephalopods						
<i>Sepia officinalis</i>	Gonad (300 mg)	[7 α - ³ H]-DHEA: 4 \times 10 ⁻² μ Ci/mg [7 α - ³ H]-AD: 0.6 \times 10 ⁻² μ Ci/mg [4- ¹⁴ C]-T: 2 \times 10 ⁻² μ Ci/mg	NADPH-generating system	Androstenediol: 0.5% T: 1.7–1.0% AD: 0.5%	TLC/PC/scintillation counting	[32]

n.d. = not detected.

^a HPLC-RD or -ECD: high performance liquid chromatography-radiometric detector or -electrochemical detector; TLC: thin layer chromatography; GC-MS (EI): gas chromatography-mass spectrometry (electron impact mode); PC: paper chromatography.

^b Quantification not available.

present in bacteria, fungus, plants and animals [28]. Several studies have reported the presence of 17 β -HSD activity in molluscs; an overview of those studies including the different methods, organisms and tissues investigated, substrates used, and metabolites detected is given in Table 2. Incubations of digestive gland microsomes or gonad whole homogenates with labelled vertebrate-type precursors have evidenced 17 β -HSD activity in different bivalves, e.g. mussels (*M. edulis* and *M. galloprovincialis*), oysters (*Crassostrea gigas* and *Crassostrea virginica*) and clams (*R. decussata*) [11,16,21,29–31]. Thus, gonad homogenates of *M. edulis* metabolized 17 β -estradiol into estrone (12–15% conversion), and estrone to 17 β -estradiol (45–50% conversion), also dehydroepiandrosterone was metabolized to androstenediol (7%); in contrast, the

conversion of androstenedione into testosterone and vice versa was comparatively low (0.37–2.2%) [11]. *In vitro* incubations of ovarian homogenates with estrogens at a concentration of \sim 1 μ M demonstrated the conversion of 17 β -estradiol into estrone and vice versa, indicating the presence of 17 β -HSD in the ovaries of the scallop *Patinopecten yessoensis*. Interestingly, changes in 17 β -HSD activity were associated to the reproductive cycle of the scallop: the activity was 2-fold higher in individuals at the early differentiation stage than in those at post-spawning [29]. Also in oysters (*C. virginica* and *C. gigas*), the conversion of 17 β -estradiol into estrone and vice versa by 17 β -HSD has been well demonstrated [29–31]. Le Curieux-Belfond et al. [30] reported the conversion of testosterone into androstenedione and vice versa in several tissues of *C. gigas*,

i.e., gills, digestive gland and gonad-mantle, using labelled precursors and analyzing the metabolites by TLC and HPLC coupled to radiometric detector (HPLC-RD). The activity of 17 β -HSD increased with sexual maturation and declined after spawning, which reinforces the role of 17 β -HSD as a hormonal biosynthesis pathway in bivalves.

17 β -HSD activity has been also reported in other classes of molluscs. In cephalopods, gonads of the cuttlefish (*Sepia officinalis*) metabolized androstenedione to testosterone and vice versa as well as DHEA to androstenediol although at relatively low rates [32]. In gastropods, the activity was detected in microsomal fractions isolated from the gonad-digestive gland complex of the freshwater gastropod *M. cornuarietis* that metabolised androstenedione to testosterone, but no evidence of 17 β -HSD activity was detected in cytosolic fractions; the metabolism of androstenedione was NADPH-dependent and linear up to 60 min of incubation [22]. In addition, males of *M. cornuarietis* had higher 17 β -HSD activity than females; this observation is consistent with sexual dimorphism in the metabolism of androgens in this species [23,24]. However, no significant differences between males and females were observed for *H. trunculus* regarding 17 β -HSD activity, and the opposite trend – high activity in females and no activity in males – was reported for *B. brandaris* [26].

Overall, 17 β -HSDs are widespread enzymes in molluscs. Phylogenetic studies suggest that some of the vertebrate forms descended from an ancestral retinoid dehydrogenase in invertebrates, but those proteins implicated in estrogen synthesis arose from vertebrate-specific duplications and have no orthologues in protostomes [28]. Thus, further work regarding the endogenous role of these enzymes in molluscs is needed, mainly considering the wide substrate spectrum of HSDs, ranging from steroids to retinoids, but also alcohols, sugars, aromatic compounds and xenobiotics.

6. Cytochrome P450-dependent biotransformations: aromatization and hydroxylations

Cytochrome P450 monooxygenase enzymes (CYP) comprise an ancient and widely distributed protein superfamily. P450-type enzymatic activities have been reported in the digestive gland of molluscs [33]. Typically, total P450 protein and associated enzymatic activities in invertebrates are found to be 10-fold lower than in mammals [34]. In vertebrates, testosterone is hydroxylated in a regiospecific and stereospecific manner by many different CYP isozymes [35]. Testosterone hydroxylation has been demonstrated in digestive gland/digestive tube microsomes of molluscs [16,17], but the metabolic rates were much lower than those usually found in vertebrates.

In vertebrates, conversion of androgens (C19 steroids) to estrogens (C18 steroids) is catalyzed by CYP19; this enzyme requires NADPH as a cofactor and involves hydroxylations and dehydrations that culminate in aromatization of the A ring of the androgens. Aromatase activity has been reported in different mollusc species [29,30,36,37] by using the tritiated water release assay, which is based on the quantification of the tritiated water released during [³H]-androstenedione aromatization. Aromatization rates described so far in molluscs are very close to the detection limit of the technique (0.3–3.5 pmol/h/mg protein); however, significant inhibition of aromatase activity by specific CYP inhibitors (miconazole, MR20494) as well as 4-hydroxyandrostenedione suggests the presence in molluscs of a P450 aromatase enzyme similar to that in vertebrates [30]. It would have been interesting to check whether inhibition would have been overcome with an excess of estrogen. Regarding tissue distribution, P450 aromatase specific activity was 3-fold higher in digestive gland than in gonads of *M. edulis*, indicat-

ing a more active role of the digestive gland in the aromatization of androgens [34]. Interestingly, Matsumoto et al. [29] described the immunohistochemical localization of 3 β -HSD, P450 aromatase and 17 β -estradiol in extra-gonadic cells adhering to the wall of the acini in the gonad of the Japanese scallop *P. yessoensis*, whereas neither hemocytes nor germ cells were labelled. The authors concluded that estrogens can be synthesized in the gonad, and that their levels vary with the reproductive cycle, and therefore they might have a role in the development of gametes. More recently Osada et al. [38] reported immunoreactivity against P450 aromatase and estradiol-17 β in the cells along the inside of the acinar wall of the testis of the same species, and suggested that testicular estrogen may play a physiological role in spermatogenesis. The antibodies used in both studies were rabbit anti-3 β -hydroxysteroid dehydrogenase, rabbit anti-17 β -estradiol and rabbit anti-human P450 aromatase, and their specificity for Japanese scallop might be questioned.

Actually, despite intensive research on CYP19 genes, no orthologue has been described from fully sequenced invertebrate genomes, like *Drosophila melanogaster*, *Ciona intestinalis* or *Caenorhabditis elegans* [39]. Thus, it has been suggested that the CYP19 gene arose at the origin of vertebrates [39,40]. Nevertheless, an aromatase homologue has recently been identified in the invertebrate amphioxus [41].

7. Sulfotransferases

Sulfate conjugation modulates the metabolism and biological activity of endogenous substances, including steroids [42]. Sulfation of low-molecular weight compounds such as hydroxysteroids, estrogens, and catecholamines is catalyzed by cytosolic sulfotransferases belonging to a gene superfamily designated as SULT [43]. These cytosolic enzymes utilize 3'-phosphoadenosine 5'-phosphosulfate (PAPS) as the sulfate donor [42]. The sulfation of steroids is considered to have an important role in inhibiting their biological activity and increasing their excretion. In mammalian studies, the sulfated form of the steroids may also serve as soluble, inactive transporters, from which the active steroid may be regenerated by sulfatase activity [42]. Sulfate conjugates of steroid hormones have been observed in molluscs [17,20]. Identification of these compounds was based on their susceptibility to hydrolysis by sulfatases. *In vitro* sulfation of steroid hormones occurs at rather high metabolic rates in echinoderms, but not in molluscs or crustaceans [44]. Lavado et al. [37] determined the sulfation of estradiol (E2: 110 nM) in cytosolic fractions isolated from both gonads and digestive gland of *M. edulis*; the enzymatic activity showed a maximum at pH 9.0 in both tissues, and the specific activity was always higher in digestive gland than in gonads (up to 2-fold). Interestingly, at pH 9.0, sulfotransferase activity was linear for at least 1 h at concentration of proteins in the assay ranging from 0.05 to 0.4 mg. Under the selected conditions (0.1 mg of proteins, pH 9.0, 110 nM E2, 1 h incubation), the sulfation of E2 by digestive gland cytosolic fractions of control organisms was in the range of 0.5–5.1 pmol/h/mg protein. In another study, Janer et al. [21] showed that digestive gland cytosolic fractions of *M. galloprovincialis* can form estradiol sulfates at a rate of 6–12 pmol/h/mg protein; however, estradiol sulfation was not significantly altered by estradiol exposure.

8. Fatty acid acyl-CoA acyltransferases

Fatty acid conjugation (or esterification) renders steroids to an apolar form, which is retained within the lipoidal matrices of the body, and reduces their bioactivity, bioavailability, and susceptibility to elimination [45]. Esterification might have a regulatory function by inactivating steroids. Steroid esters do not bind steroid

receptors, but they can be hydrolyzed by esterases liberating the active steroid; they are considered to be long-acting steroids [46] and esterification is known to occur in both vertebrate and invertebrate species. Sex steroid esters have been reported in molluscs [44,47,48]. It has been suggested that esterification is the major biotransformation pathway for testosterone in snails, based on the reports that exogenously provided testosterone or estradiol are converted to fatty acid esters and retained in the tissues of the organism by the mud snail *I. obsoleta* [47] or the mussel *M. galloprovincialis* [21]. In addition, steroid esterification has been implicated in the regulation of free steroid levels. Gooding and LeBlanc [49] observed that, irrespective of the amount of testosterone administered to the snails, the amount of free testosterone measured in the tissues of the organism remains relatively constant and all excess of testosterone is converted to the fatty acid ester. Similar results were obtained when *M. galloprovincialis* were exposed to 20–200 ng/L estradiol [21]. However, future research is required to study the mechanism of esterification of steroids as well as the esterases responsible for releasing steroids from the fatty acid moiety, and the process that affect/regulate the equilibrium between synthesis and hydrolysis of this family of steroids.

9. Final remarks

In the last decade, the presence of pollutants in the aquatic environment has led to an increasing number of endocrine disruption studies concerning both vertebrates and invertebrates and involving physiological processes controlled by steroid hormones. Thus, a better understanding of the role of steroids in invertebrates became a strong need for ecotoxicologists. Nonetheless, in spite of a number of studies being performed to better understand the endocrine functions of steroids in molluscs, the knowledge is still fragmentary. As shown in the present review, although the information obtained from different species strongly suggests the involvement of (vertebrate related) steroids in the control of mollusc reproduction, a complete scheme of vertebrate-related steroid biosynthesis (enzymatic pathways and steroidogenic cells and tissues), transport, target tissues, and further catabolism is lacking. In spite of recent advances, most questions on the action and function of sex steroids in molluscs remain to be answered: (1) most of the enzymes mentioned in this review (3 α / β -HSDs, 5 α -reductases, 17 β -HSDs) have not been functionally characterized and their genes have not been cloned; (2) efforts to identify an androgen receptor from molluscs have been so far unsuccessful [50,51]. Although estrogen receptor orthologs have been found in representatives of the major groups of molluscs (*M. edulis*, *C. gigas*, *Aplysia californica*, *O. vulgaris*), ligand studies have shown that these receptors do not respond to estrogens [52–55]. Altogether, this opens the question of whether alternative mechanisms of action for androgens and estrogens may exist in molluscs [56,57], and points out the need to deeply investigate those mechanisms.

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